

## DEMAND VALVE OXGEN

Demand valve oxygen is a new method of oxygen therapy for cluster headache, which delivers ultra high flow oxygen via a mouthpiece device similar to that used in entinox therapy for pain relief in childbirth.

This treatment is now gradually being made available to NHS patients, region by region throughout England and Wales. We await guidance from Scotland and Northern Ireland.

To find out if your region is supplying the demand valve and requisite cylinder, call your oxygen order line and speak to one of the advisers.

For new sufferers, your GP will need to complete three forms: an Individual Home Oxygen Risk Management form [IHORM]; a Home Oxygen Consent form [HOC], giving your permission to pass your personal details to the oxygen company, and a Home Oxygen Order Form [HOOF] to fax to the oxygen supply company. The GP must sign on the HOOF to say he has completed an IHORM. If that box is not signed, then the oxygen company will not accept the HOOF. Details of the IHORM are [here](#). [link to IHORM in downloads].

Your oxygen supplier will deliver the demand valve when ordered and you will need a cylinder that has a Schrader connector for the valve to fit to. Your oxygen supplier may ask for a new HOOF form for this cylinder and there is a part completed one for a cluster headache patient here [here](#). [link to Part A Hoof Form for Demand Valve].

When using the device for the first time, the tubing is a push fit connection and then all the patient has to do is turn the flow knob to 'ON' and breath as normal via the device, the demand valve will automatically deliver the oxygen on breathing in and shut off as you breath out. This is a very economical method of oxygen therapy and a cylinder can last several times as long as one being used with a conventional high flow oxygen mask.

If you have questions or queries regarding this therapy, please e-mail [info@ouchuk.org](mailto:info@ouchuk.org).